



Missionary Families of Christ



New Jersey



21st Annual
SEVEN CHURCHES PILGRIMAGE

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February 07, 2026 Schedule

7:30am **OUR LADY OF PEACE CHURCH**
Pastor: Reverend Abraham Orapankal
620 Amboy Road, Edison, NJ 08837

Introduction of Missionary Families of Christ
Significance of the Seven Churches Pilgrimage
Prayer to Our Lady of Lourdes
Prayer to St Michael
2026 Community Prayer
1st Core Value
History of the Church
Celebration of the Holy Eucharist

9:00am **GOOD SHEPHERD PARISH**
Administrator: Reverend Pervaiz (Andrew) Indrias
624 Florida Grove Road, Hopelawn, NJ 08861

2nd Core Value
History of the Church
Joyful Mysteries

10:00am **ST CECELIA CHURCH**
Pastor: Reverend Dennis Kingsley Nwagwu
45 Wilus Way, Iselin, NJ 08830

3rd Core Value
History of the Church
Sorrowful Mysteries

11:00am **ST HELENA CATHOLIC CHURCH**
Pastor: Very Reverend Anthony Siriami
950 Grove Avenue, Edison, NJ 08820

4th Core Value
History of the Church
Luminous Mysteries
Angelus

1:15pm **GUARDIAN ANGELS CHURCH**
Pastor: Reverend Abraham Lotha
37 Plainfield Ave, Edison, NJ 08817

5th Core Value
History of the Church
Glorious Mysteries
Litany of the Blessed Virgin Mary
Prayer to St Joseph

2:30pm **CHURCH OF ST MATTHEW THE APOSTLE**
Pastor: Reverend George Targonski
81 Seymour Ave, Edison, NJ 08817

6th Core Value
History of the Church
The Chaplet of the Divine Mercy
Station of the Cross

4:15pm **CATHEDRAL OF ST FRANCIS**
Rector: Very Reverend Stephen Piga
32 Elam St, Metuchen, NJ 08840

7th Core Value
History of the Church
Thanksgiving to the Community
Celebration of the Holy Eucharist

FEAST OF OUR LADY OF LOURDES

On December 8, 1854, Pope Pius IX proclaimed the dogma of the Immaculate Conception the apostolic constitution *Ineffabilis Deus*. A little more than three years later, on February 11, 1858, a young lady appeared to Bernadette Soubirous. This began a series of visions. During the apparition on March 25, the lady identified herself with the words: "I am the Immaculate Conception." Bernadette was a sickly child of poor parents. Their [practice of the Catholic faith was scarcely more than lukewarm. Bernadette could pray the Our Father, the Hail Mary and the Creed. She also knew the prayer of the Miraculous Medal: "O Mary conceived without sin."

During the interrogations, Bernadette gave an account of what she saw. It was "something white in the shape of a girt." She used the word *aquero*, dialect term meaning "this thing." It was "a pretty young girl with a rosary over her arm" Her white robe was encircled by a blue girdle. She wore a white veil. There was a yellow rose on each foot. A rosary was in her hand. Bernadette was also impressed by the polite form (*vous*). The humble virgin appeared before a humble girl and treated her with dignity. Through that humble girl, Mary revitalized and continues to revitalize the faith of millions of people. People began to flock to Lourdes from other parts of France and from all over the world. In 1862, Church authorities confirmed the authenticity of the apparitions and authorized the cult of Our Lady of Lourdes for the diocese. The Feast of Our Lady of Lourdes became worldwide in 1907.

February 11 serves the purpose of reminding the members of the Church of the healing ministry of the Church. It reminds us of our Christian obligation to attend to the sick and the suffering who are all around us. This day has been set aside in show our gratitude to all those who are model after Jesus, the caregivers, the doctors, the nurses the health care workers, the pastoral ministers, all those who are striving to restore the physical and spiritual health of the sick.

SIGNIFICANCE OF THE SEVEN CHURCHES

The tradition of visiting seven pilgrim churches was started by Philip Neri around 1553 in order to combine conviviality and the sharing of a common religious experience through discovering of the heritage of the early Saints. Neri drew up an itinerary that included visits to St. Peter's Basilica, then St. Paul Outside-the-Walls, St. Sebastian's, St. John Lateran, Holy Cross-in-Jerusalem, St. Lawrence-Outside-the Walls and finally St. Mary Major. He and a few friends and acquaintances would gather before dawn and set out on their walk. At each church, there would be prayer, hymn singing and a brief sermon by Neri.

Simple meals of eggs, cheese, bread, fruit and wine were pre-arranged and shared abundantly. During these events – true to Philip's aesthetic – musicians would play and singers would perform. There was to be fun during these spiritual pilgrimages because Philip understood how well people responded to God when they were surrounded by the elevating company of affectionate, happy human beings. These pilgrimages were designed to be a counterpoint to the raucous behavior of the Carnivale.

MISSIONARY FAMILIES OF CHRIST

CORE VALUES

Our Core Values describe who we are and what we are called to do in the world. They provide parameters and constant guideposts in our moving on in our life and mission

1. Centered on Christ

In everything that we are and do, we look to Jesus, who is our Savior and Lord. Jesus is our model in obedience to the Father, in our faithfulness to His call, and to total submission to His divine will. And as He who called us is holy, we ourselves will strive for holiness of life (1 Pt 1:15-16), and look to exhibiting the fruit of the Spirit in our day-to-day (Gal 5:22-23).

2. Evangelistic and Missionary

We are called to proclaim the good news of Jesus to the whole world (Mk 16:15). We are his witnesses (Lk 24:48). Every MFC member is an evangelizer, in the day-to-day environments of our lives. We look to doing mission beyond our own environments to the very ends of the earth.

3. Focused on the Family

Our life and mission is founded on strong families in Christ. We recognize that the future of humanity passes by way of the family. We defend and strengthen Christian marriage, we raise our children to be the next generation of God's people, and we establish our homes as pieces of Kingdom ground. In our defense of the family, we are called to a strong advocacy and defense of the culture of life.

4. Being Community

We are part of the larger family of MFC, a global family of many different nationalities and cultures but all sharing brotherhood and sisterhood in Christ. We desire to move forward together in our life in the Lord, providing love, affirmation, friendship, support and healing. We are committed to the good of our brethren, always living the truth in love (Eph 4:15).

5. Living a Preferential Option for the Poor

We recognize Jesus' mission to bring glad tidings to the poor (Lk 4:18). We look to both the spiritual and material upliftment of the least among our brethren. In doing so, we will be in solidarity with the poor by striving to live a simple lifestyle, to share our resources, and to fight for the social justice in the world.

6. Exercising Servant Leadership

We are privileged to serve God and His people, both in and out of MFC. We serve with the mind and heart of Jesus, who come to serve and not to be served (Mt20:28). Leaders are to serve with humility, self-sacrifice and submissions to the Chief Shepherd, to whom we will render an account (Hb 13:17). He who wishes to be great shall be the least of all (Mt 20:26-27).

7. Being Servant to the Catholic Church

We, in MFC, are an integral part of the Catholic Church. We are submitted to our bishops and to the Pope. Our life, formation and service will conform to Catholic values and ideals. We make ourselves available to be of service in the parishes and dioceses, especially in the areas of family and life. We look to Mary, the Mother of Church, as our inspiration and help.

PRAYER TO OUR LADY OF LOURDES

Oh ever immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfortess of the Afflicted, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen.

PRAYER TO ST. MICHAEL THE ARCHANGEL

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the Power of God, cast into hell Satan and all the evil spirits, who prowl through the world seeking the ruin of souls. Amen.

COMMUNITY PRAYER 2026

Heavenly Father, we thank You for calling us as Missionary Family and for the gift of Your Son, Jesus Christ. In Him, we have found our sure foundation, our living hope, and our life.

Plant us firmly in Christ. Root our hearts in His truth, our families in His love, and our lives in faithful obedience to Your will.

When trials shake us and distractions pull us away, draw us back to Jesus, the One who holds us fast.

Holy Spirit, build us up in Christ and send us forth in mission. As our response to the call of the new Evangelization, teach us to Live Christ and Share Christ in our homes, our communities and the world.

Renew our families, strengthen our community, and empower us to defend faith, family and life with courage, humility and love.

Blessed Mary, Mother of the Church, intercede for us. Teach us to trust as you trusted and to lead others always to your Son.

O Most Holy Trinity – Father, Son and Holy Spirit – renew us from within. Unite us as one people, rooted in Christ and bearing fruit for Your kingdom.

May everything we do give You glory and bring transformation to the world. We ask this in the name of Jesus our Lord. Amen.

Our Lady of the Holy Rosary, pray for us.

Our Lady of Hope, pray for us.

St. Jude Thaddeus, pray for us.

St. Rita of Cascia, pray for us.

APOSTLES CREED

I believe in God,
the Father Almighty,
Creator of Heaven and earth.

I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended to the dead.
On the third day, He rose again.
He ascended to Heaven and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

OUR FATHER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen

HAIL MARY

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,

pray for us sinners
now and at the hour of our death.
Amen.

GLORY BE

Glory be to the Father, the Son, and the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end.

Amen.

O MY JESUS

O my Jesus,
Forgive us our sins,
Save us from the fires of hell,
Lead all souls to heaven,
Especially those who have the most need of your mercy.

THE ANGELUS

V. The Angel of the Lord declared unto Mary,

R. And she conceived of the Holy Spirit.

Hail Mary....

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Your Word.

Hail Mary...

V. And the Word was made flesh,

R. And dwelt among us.

Hail Mary...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

*Pour forth, we beseech You, O Lord,
Your Grace into our hearts;
that as we have known the incarnation of Christ,
your Son by the message of an angel,
so by His passion and cross
we may be brought to the glory of His Resurrection.
Through the same Christ, our Lord.
Amen.*

THE ROSARY

Apostles Creed

Our Father....

3 Hail Mary....

Glory Be....

THE JOYFUL MYSTERIES

THE FIRST JOYFUL MYSTERY: THE ANNUNCIATION

The Annunciation is a symbol of humility, of submission to the will of God. Here, Mary receives the message from the angel that She will bear the Redeemer of the world. Mary's faith, Her submission becomes our model. She asks for our submission to God as well.

Prayer Intention: Our Lady would want us to pray for humility, for submission to God's will. Let us offer this first decade of the rosary, in reparation for all who revolt against God's will, against the call of their own conscience. Let us pray especially for the Church, for all bishops, priests and all those in religious life, that they might serve God with humility and imitate Mary, the "Model of the Church, the Mother of the Church." *Our Father....*

1. The Angel Gabriel was sent from God....to a Virgin betrothed to a man, named Joseph, of the House of David. The Virgin's name was Mary.(Lk 1:26) -- *Hail Mary...*
2. The angel said to Her: Rejoice O highly favored daughter! The Lord is with You. Blessed are You among women.(Lk 1:28) -- *Hail Mary...*
3. She was deeply trouble by his words, and wondered what his greeting meant.(Lk. 1:29) -- *Hail Mary...*
4. The angel said to Her: Do not fear, Mary. You have found favor with God.(Lk 1:30) -- *Hail Mary...*
5. You shall conceive and bear a Son and give Him the name of Jesus.(Lk 1:31) -- *Hail Mary...*
6. Great will be His dignity and He will be called Son of the Most High. And His reign will be without end.(Lk 1:34) -- *Hail Mary...*
7. Mary said to the angel, "How can this be since I do not know man?"(Lk 1:34) -- *Hail Mary...*
8. The angel answered Her: The Holy Spirit will come upon You and the power of the Most High will overshadow You.(Lk 1:35) -- *Hail Mary...*
9. The holy offspring to be born will be called Son of God.(Lk 1: 35) -- *Hail Mary...*
10. Mary said: I am the servant of the Lord. Let it be done to Me as you say. With that the angel left Her.(Lk 1:38) -- *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE SECOND JOYFUL MYSTERY: THE VISITATION

Mary came to Elizabeth, to visit with Her relative. She came with a stirring message concerning the nearness of Our Saviour. The Incarnation of the Word was upon us. Listen to Mary's prayer of praise to God, "The Magnificat."

Prayer Intention: Let us pray this decade in thanksgiving; in thanks to God for coming to us through Mary - for greater recognition of Her role, Her acceptance of God's will. *Our Father...*

1. Mary set out, proceeding in haste into the hill country to a town of Judah, where She entered Zechariah's house and greeted Elizabeth. (Lk 1:39-40) *-- Hail Mary...*
2. When Elizabeth heard Mary's greeting, the baby leapt in her womb. (Lk 1:41) *-- Hail Mary...*
3. Elizabeth was filled with the Holy Spirit. (Lk 1:41) *-- Hail Mary...*
4. She cried out in a loud voice: Blessed are You among women and blest is the Fruit of Your womb. (Lk 1:42) *-- Hail Mary...*
5. Blest is She who trusted that the Lord's words to Her would be fulfilled. (Lk. 1:45) *-- Hail Mary...*
6. Then Mary said: My being proclaims the greatness of the Lord, My spirit find joy in God My Saviour. (Lk 1:46-47) *-- Hail Mary...*
7. For He has looked upon His servant in Her lowness; all ages to come shall call me blessed. (Lk 1:48) *-- Hail Mary...*
8. God who is mighty has done great things for Me, holy is His name. (Lk 1: 49) *-- Hail Mary...*
9. His mercy is from age to age on those who fear Him. (Lk 1: 50) *-- Hail Mary...*
10. Mary remained with Elizabeth about three months and then returned home. (Lk 1: 56) *-- Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE THIRD JOYFUL MYSTERY: THE NATIVITY

He is with us. The word was made flesh and now Jesus Christ is with us. What impact does that have on us today? He came not as a King, or a ruler but as a poor infant, born in a manger, accompanied by shepherds. And to such humble beginnings, every knee must bend; what gifts do we bring? He is still with us in all things, in all lives, the Prince of Peace. What gifts do we give? Bring joy, bring love and praise. Give you heart. Give your trust as Joseph did.

Prayer Intention: Let us pray for families, for guidance and grace to imitate the Holy Family. Let us pray for all parents and all those who care for the young. Let us pray especially for the gift of life, and all those who cherish it; for parents that they will lead their children closer to God. Let us pray for the unborn and in reparation for those who rob the unborn of the gift of life. [Our Father.....](#)

1. Suddenly the angel of the Lord appeared in a dream, and said to him: Joseph, son of David, have no fear... It is by the Holy Spirit that She has conceived this Child. (Mt 1:20) [-- Hail Mary...](#)

2. She is to have a Son and you are to name Him Jesus, because He will save His people from their sins. (Mt 1:21) [-- Hail Mary...](#)

3. All this happened to fulfill what the Lord has said through the prophet: The Virgin shall be with Child and give birth to a Son, and they shall call Him Emmanuel, a name which means 'God is with us.' (Mt 1:22-24) [-- Hail Mary...](#)

4. In those days Caesar Augustus published a decree ordering a census of the whole world. And so Joseph went to Judea, to David's town of Bethlehem - because he was of the house of David - to register with Mary, his espoused wife, who was with Child. (Lk2:1)(Lk 2:4-5) [-- Hail Mary...](#)

5. While they were there the days of Her confinement were completed. She gave birth to Her first-born Son and wrapped Him in swaddling clothes and laid Him in a manger. (Lk 2:4-5) [-- Hail Mary...](#)

6. There were shepherds in that region, living in the fields and keeping night watchover their flocks. (Lk 2:8) [-- Hail Mary...](#)

7. The angel of the Lord appeared to them and they were very much afraid. The angel said to them: You have nothing to fear. (Lk 2:9-10) [-- Hail Mary...](#)

8. I come to proclaim good news to you - tidings of great joy. This day in David's city a Saviour has been born to you, the Messiah and Lord. (Lk 2:10-11) [-- Hail Mary...](#)

9. Suddenly there was with the angel a multitude of the heavenly host, praising God and saying: Glory to God in high heaven, peace on earth to those on whom His favor rests. (Lk 2:13-14) [-- Hail Mary...](#)

10. They went in haste and found Mary and Joseph, and the Baby lying in the manger; once they saw, they understood what had been told them concerning this Child. (Lk 2:16-17) [-- Hail Mary...](#)

[Glory be to the Father...](#)

[O My Jesus, forgive us our sins...](#)

[Ave Maria...](#)

THE FOURTH JOYFUL MYSTERY: THE PRESENTATION

Mary and Joseph, in compliance with the laws of their land, brought the infant Jesus to the temple for consecration to God the Father. She is still presenting Him to us, every day. Offering Her Son every day to us, through the Mass, through His graces, His blessings. She also attempts to present us to God every day; to dress us in holiness, goodness, obedience and humility for presentation to Her Son.

Prayer Intention: Let us pray this decade for Mary's intentions. That all of Her children may accept Her role as intercessor in preparing us to be worthy of presentation to Her son, Our Savior. [Our Father....](#)

1. When the day came to purify them according to the Law of Moses, the couple brought Him up to Jerusalem so that He could be presented to the Lord. (Lk 2:22) -- [Hail Mary...](#)
2. There lived in Jerusalem at the time a certain man named Simeon. He was just and pious....and the Holy Spirit was upon him. (Lk 2:25) -- [Hail Mary...](#)
3. It was revealed to him by the Holy Spirit that he would not experience death until he had seen the Anointed of the Lord. (Lk 2:26) -- [Hail Mary...](#)
4. He came to the temple now, inspired by the Spirit, and when the parents brought in the Child Jesus, he took Him in his arms and blessed God. (Lk 2:27-28) -- [Hail Mary...](#)
5. Now Master, You can dismiss your servant in peace; You have fulfilled Your word. (Lk 2:29) -- [Hail Mary...](#)
6. For my eyes have witnessed Your saving deed, displayed for all the peoples to see. (Lk 2:30-31) -- [Hail Mary...](#)
7. Simeon blessed them and said to Mary His Mother; This Child is destined to be the downfall and the rise of many in Israel, a sign that will be opposed. (Lk. 2:34) -- [Hail Mary...](#)
8. And You Yourself shall be pierced with a sword - so that the thoughts of many hearts may be laid bare. (Lk 2:35) -- [Hail Mary...](#)
9. When the pair had fulfilled all the prescriptions of the law of the Lord, they returned to Galilee and their own town of Nazareth. (Lk 2:39) -- [Hail Mary...](#)
10. The Child grew in size and strength, filled with wisdom, and the grace of God was upon Him. (Lk 2:39) -- [Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE FIFTH JOYFUL MYSTERY: THE FINDING OF JESUS IN THE TEMPLE

Mary and Joseph searched in sorrow for three days before they experienced the joy of finding Jesus. She is still searching today for all of Her lost children. Do we see in this even, an example of the constant need to search for the lost?

Prayer Intention: Let us offer this decade for conversion. For all those who have wandered away from God; for those who have lost their faith; for those who give their life to the false gods of the world, money, materialism, and pleasure. [Our Father...](#)

1. And when He was twelve they went up for the celebration as was their custom. (Lk 2:42) -- [Hail Mary...](#)
2. As they were returning at the end of the feast, the Child Jesus remained behind unknown to His parents. (Lk 2:43) -- [Hail Mary...](#)

3. Thinking He was in the party, they continued their journey for a day, looking for Him among their relatives and acquaintances. (Lk 2:45) -- *Hail Mary...*
4. Not finding Him, they returned to Jerusalem in search of Him. (Lk 2:45) -- *Hail Mary...*
5. On the third day they came upon Him in the temple sitting in the midst of the teachers....All who heard Him were amazed at His intelligence and His answers. (Lk 2:36-47) -- *Hail Mary...*
6. And His Mother said to Him: Son, why have You done this to us? You see that Your father and I have been searching for You in sorrow. (Lk 2:48) -- *Hail Mary...*
7. He said to them; "Why did you search for Me? Did you not know I had to be in My Father's house?"(Lk 2:49) -- *Hail Mary...*
8. But they did not grasp what He said to them. (Lk 2:50) -- *Hail Mary...*
9. He went down with them then, and came to Nazareth, and was obedient to them.(Lk 2:51) -- *Hail Mary...*
10. His Mother meanwhile, kept all these things in her heart. Jesus, for His part, progressed steadily in wisdom and age and grace before God and men. (Lk 2:52) -- *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

Prayer after the Rosary: *O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.*

May the Divine Assistance remain always with us. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Our Lady of Lourdes Prayer

Oh ever immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfortess of the Afflicted, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen.

IMMACULATE MARY

*Immaculate Mary, thy praises we sing,
Who reignest in splendor with Jesus our King
Ave, Ave, Ave, Maria!
Ave, Ave, Ave, Maria!*

*In heaven the blessed thy glory proclaim,
On earth we thy children invoke thy fair name.
Ave, Ave, Ave Maria!
Ave, Ave, Ave Maria!*

*We pray for our Mother, the Church upon the earth,
And bless, dearest Lady, the land of our birth.
Ave, Ave, Ave Maria!
Ave, Ave, Ave Maria!*

*Thy name is our power, thy virtues our light,
Thy love is our comfort, thy pleading our might.
Ave, Ave, Ave Maria!
Ave, Ave, Ave Maria!*



LUMINOUS MYSTERIES

THE FIRST LUMINOUS MYSTERY: HIS THE BAPTISM IN THE JORDAN

The Baptism in Jordan is the first of all mystery of light. Here, as Christ descends into the water, the Innocent One who became “sin” for our sake (cf 2Cor 5:21), the heaven opens wide and the voice of the Father declares Him the beloved Son (Mt 3:17), while the Spirit descends on Him to invest Him with the mission he will carry out.” (*Rasarium Virginis Mariae*, 21). The Lord Jesus came to each of us in our baptism. When you were baptized, the Holy Spirit descended upon you, and the Father said: “This is my beloved child, in whom I am well pleased.” This you became the light of Christ to shine in the world. You have been invested in the mission of this light.

Prayer Intention: Let us pray for all people to receive the grace to be open to the Holy Spirit to guide us to be introduced into the life of Christ. *Our Father....*

1. In those days came John the Baptist/preaching in the wilderness of Judea. (Mt 3:1) -- *Hail Mary...*
2. I baptize you with water for repentance/but he who is coming after me is mightier than I, whose sandals I am not worthy to carry. (Mt 3:11) -- *Hail Mary...*
3. He will baptize you with the Holy Spirit and with fire. (Mt 3:11) -- *Hail Mary...*
4. Then Jesus came from Galilee to the Jordan to John to be baptized by him. (Mt 3:13) -- *Hail Mary...*
5. John would have prevented him, saying, “I need to be baptized by you, do you come to me?” (Mt 3:14) -- *Hail Mary...*
6. But Jesus answered him, “Let it be so now.” (Mt 3:15) -- *Hail Mary...*

7. For thus it is fitting for us to fulfill all righteousness." Then he consented. (Mt 3:15) [-- Hail Mary...](#)

8. And when Jesus was baptized, he went up immediately from the water, and behold, the heavens were opened. (Mt 3:16) [-- Hail Mary...](#)

9. And he saw the Spirit of God descending like a dove, and alighting on him. (Mt 3:16) [-- Hail Mary...](#)

10. And lo, a voice from heaven saying, "This is my beloved Son, with whom I am well pleased." (Mt 3:17) [-- Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE SECOND LUMINOUS MYSTERY: HIS SELF-MANIFESTATION AT THE WEDDING OF CANA

Another mystery of light is the first of the signs, given at Cana (Jn 2:1-12). When Christ changes water into wine and opens the hearts of the disciples to faith, thanks to the intervention of Mary, the first among believers. (*Rosarium Virginis Mariae*, 21) We glow brighter with light of Christ when we obey the instructions he gives us. Even when the task doesn't make sense, if we "do whatever he tells us," He reveals His glory in us and through us.

Prayer Intention: Let us pray for the faithful to bring all the necessities no matter how small they seem and ask for the powerful intercession of the Blessed Virgin Mary. [--Our Father...](#)

1. On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there.(Jn 2:1) [-- Hail Mary...](#)

2. Jesus also was invited to the marriage, with his disciples.(Jn 2:2) [-- Hail Mary...](#)

3. When the wine failed, the mother of Jesus said to him, "They have no wine."(Jn 2:3) [-- Hail Mary...](#)

4. And Jesus said to her "O woman, what have you to do with me? My hour has not yet come."(Jn 2:4) [-- Hail Mary...](#)

5. His mother said to the servants, "Do whatever he tells you"(Jn 2:5) [-- Hail Mary...](#)

6. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. (Jn 2:7) [-- Hail Mary...](#)

7. He said to them, "Now draw some out, and take it to the steward of the feast." (Jn 2:8) [-- Hail Mary...](#)

8. The steward of the feast tasted the water now become wine and did not know where it came from (though the servants who had drawn the water knew) (Jn 2:9) [-- Hail Mary...](#)

9. The steward of the feast called the bridegroom and said to him, "Every man serves the good wine first...but you have kept the good wine until now"(Jn 2:9-10) [-- Hail Mary...](#)

10. This, the first of his signs, Jesus did at Cana, in Galilee, and manifested his glory, and his disciples believed in him. (Jn 2:11) [-- Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE THIRD LUMINOUS MYSTERY: HIS PROCLAMATION OF THE KINGDOM OF GOD WITH HIS CALL TO CONVERSION

Jesus proclaims the coming of the Kingdom of God, calls to conversion (cf. Mk 1:15) and forgives the sins of all who draw near to him in humble trust (cf. Mk 2:3-13; Lk 7:47- 48): the inauguration of that ministry of mercy which he continues to exercise until the end of the world, particularly through the Sacrament of Reconciliation which he has entrusted to his Church (cf. Jn 20:22-23)

Prayer Intention: Let us pray for the Holy Spirit to come upon us and bring us to true repentance and rust in the Mercy of God as seekers of His Kingdom in our lives. --*Our Father*.....

1. Jesus came to Galilee, preaching the gospel of God and saying, "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel. (Mk 1:14-15) -- *Hail Mary*...
2. And they came, bringing to him a paralytic carried by four men. And when Jesus saw their faith he said to the paralytic, "My son your sins are forgiven" (Mk 2:3, 5) -- *Hail Mary*...
3. "But that you may know that the Son of Man has authority on earth to forgive sins... I say to you rise take up your pallet and go home." (Mk 2:10, 11) -- *Hail Mary*...
4. A woman of the city who was a sinner brought an alabaster flask of ointment and weeping, she began to anoint his feet with her tears and... then with the ointment. (Lk 7:37-38) -- *Hail Mary*...
5. "Therefore, I tell you, her sins which are many are forgiven" ...and he said to her "your sins are forgiven." (Lk 7: 47) -- *Hail Mary*...
6. Jesus came and stood among them and said to them "Peace be with you." (Jn 20:19-20) -- *Hail Mary*...
7. When he had said this, he showed them his hands and his side. Jesus said to them again "Peace be with you." (Jn 20:20-21) -- *Hail Mary*...
8. "As the Father has sent me, even so I send you." (Jn 20:22) -- *Hail Mary*...
9. And when he had said this, he breathed on them and said to them "Receive the Holy Spirit" (Jn 20:22) -- *Hail Mary*...
- 10."If you forgive the sins of any, they are forgiven, if you retain the sins of any, they are retained." (Jn20:23) -- *Hail Mary*...

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE FOURTH LUMINOUS MYSTERY: HIS TRANSFIGURATION

The mystery of light par excellence is the Transfiguration, traditionally believed to have taken place on Mount Tabor. The glory of the Godhead shines forth from the face of Christ as the Father commands the astonished Apostles to "listen to him" (cf. Lk 9:35 and parallels) and to prepare to experience with him the agony of the Passion, so as to come with him to the joy of the Resurrection and a life transfigured by the Holy Spirit. (*Rosarium Virginis Mariae*, 21.) "And he was transfigured before them, and his face shone like the sun" (Mt 17:2). The Gospel scene of Christ's transfiguration, in which the three Apostles Peter, James and John appear entranced by the beauty of the Redeemer, can be seen as an icon of Christian contemplation. To look upon the face of Christ, to recognize its mystery amid the daily events and the sufferings of his human life, and then to grasp the divine splendor definitively revealed in the Risen Lord, seated in glory at the right hand of the Father: this is the task of every follower of Christ and therefore the task of each one of us. In contemplating Christ's face we become open to receiving the mystery of Trinitarian life, experiencing ever anew the love of the Father and delighting in the joy of the Holy Spirit. Saint Paul's words can then be applied to us: "Beholding the glory of the Lord, we are being changed into his likeness, from one degree of glory to another; for this comes from the Lord who is the Spirit" (2Cor 3:18).

Prayer Intention: Let us pray for the grace of the light of God present to illuminate our hearts. The Father exclaimed, "Listen to Him." [--Our Father.....](#)

1. Jesus took with him Peter and James and John his brother, and led them up a high mountain apart. (Mt 17:1) [-- Hail Mary...](#)
2. And as he was praying, the appearance of his countenance was altered. (Lk 9: 29) [-- Hail Mary...](#)
3. And he was transfigured before them, and his face shone like the sun, and his garments became white as light. (Mt 17:2) [-- Hail Mary...](#)
4. And behold, there appeared to them Moses and Elijah, talking with him. (Mt 17:3) [-- Hail Mary...](#)
5. And Peter said to Jesus, "lord, it is your will that we are here, if you wish, I will make three booths here; one for you and one for Moses and one for Elijah." (Mt 17:4) [-- Hail Mary...](#)
6. He was still speaking, when lo, a bright cloud overshadowed them. (Mt 17:5) [-- Hail Mary...](#)
7. And a voice from the cloud said, 'this is my beloved Son, with whom I am well pleased; listen to him.' (Mt 17:5) [-- Hail Mary...](#)
8. When the disciples heard this, they fell on their faces, and were filled with awe. (Mt 17:6) [-- Hail Mary...](#)
9. But Jesus came and touched them, saying, "Rise, and have no fear."(Mt 17:7) [-- Hail Mary...](#)
10. And when they lifted up their eyes, there was no one but Jesus only. (Mt 17:8) [-- Hail Mary](#)
Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE FIFTH LUMINOUS MYSTERY: HIS INSTITUTION OF THE EUCHARIST AS THE SACRAMENTAL EXPRESSION OF THE PASCHAL MYSTERY

A final mystery of light is the institution of the Eucharist, in which Christ offers his body and blood as food under the signs of bread and wine, and testifies "to the end" his love for humanity (*In 13:1*), for whose salvation he will offer himself in sacrifice (*Rosarium Virginis Mariae*, 21)

Prayer Intention: Let us pray for a deeper faith and love of the real presence of the Holy Eucharist and a strong desire to receive this gift from God into our soul. [--Our Father...](#)

1. Now before the feast of the Passover, when Jesus knew that his hour had come to depart out of this world to the Father, having loved his own who were in the world, he loved them to the end.
(Jn13:1) [-- Hail Mary...](#)

2. Then came the day of Unleavened Bread, on which the Passover lamb had to be sacrificed. (LK 22:7)
[-- Hail Mary...](#)

3. So Jesus sent Peter and John, saying, "Go and prepare the Passover for us," (LK 22:8) [-- Hail Mary...](#)

4. And when the hour came, he sat at the table, and the apostles with him. And he said to them, "I have earnestly desired to eat this Passover with you before I suffer." (LK 22:14-15) [-- Hail Mary...](#)

5. "For I tell you I shall not eat it until it is fulfilled in the kingdom of God." (LK 22:16) [-- Hail Mary...](#)

6. And he took a cup, and when he had given thanks he said "Take this and divide it among yourselves; (LK 22:17) [-- Hail Mary...](#)

7. For I tell you that from now on I shall not drink of the fruit of the vine until the kingdom of God comes." (LK 22:18) [-- Hail Mary...](#)

8. And he took bread, and when he had given thanks he broke it and gave it to them saying, "This is my body which is given for you. Do this in remembrance of me." (LK 22:19) [-- Hail Mary...](#)

9. And likewise the cup after supper, saying, "This cup which is poured out for you is the new covenant in my blood."(LK 22:20) [-- Hail Mary...](#)

10. And when they had sung a hymn, they went out to the Mount of Olives. (Mk 14:26) [-- Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Prayer After the Rosary: *O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.*

May the Divine Assistance remain always with us. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Our Lady of Lourdes Prayer

Oh ever immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfortress of the Afflicted, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen.

HAIL, HOLY QUEEN ENTHRONED ABOVE

*Hail, Holy Queen enthroned above, O Maria
Hail, Mother of mercy and of love, O Maria*

*Triumph, all ye cherubim
Sing with us, ye seraphim.
Heaven and earth resound the hymn:
Salve, salve, salve, Regina!*

*Our life, our sweetness here below, O Maria!
Our hope in sorrow and in woe, O Maria!*

*Triumph, all ye cherubim
Sing with us, ye seraphim.
Heaven and earth resound the hymn:
Salve, salve, salve, Regina!*

*To thee we cry, poor sons of Eve, O Maria!
To thee we sigh, we mourn, we grieve, O Maria!*

*Triumph, all ye cherubim
Sing with us, ye seraphim.
Heaven and earth resound the hymn:
Salve, salve, salve, Regina!*



THE SORROWFUL MYSTERIES

THE FIRST SORROWFUL MYSTERY: THE AGONY IN THE GARDEN

Jesus prayed with great intensity and anguish over His impending death. His agony, perhaps, was an inner one; a distress and sadness that the death He was about to undergo, would be suffered in vain for many. Like Jesus, we also face crucial decisions, stress and difficulty, and pain in our daily lives. If we can kneel with Jesus in His agony, He will be there in ours.

Prayer Intention: Let us pray for all those who suffer, physically, and emotionally; all those who are spiritually ill. Let us pray that their agony can be united with that of Jesus, and not lost through despair or resentment. *Our Father....*

1. Then Jesus went with them to a place called Gethsemani; and He began to experience sorrow and distress. (Mt 26:36-37) [-- Hail Mary...](#)
2. Then He said to them, my heart is nearly broken with sorrow. Remain here and stay awake with Me. (Mt 26:38) [-- Hail Mary...](#)
3. He withdrew from them and knelt down and prayed.(Lk 22:41) [-- Hail Mary...](#)
4. Father, if it is possible, let this cup pass from me. Still, let it be as You would have it, not as I. (Mt 26:39) [-- Hail Mary...](#)
5. When He returned to His disciples, He found them asleep. He said to Peter, So you could not stay awake with Me for even an hour? Be on guard and pray that you may not undergo the test. The spirit is willing, but nature is weak. (Mt 26:40-42) [-- Hail Mary...](#)
6. In His anguish, He prayed more earnestly. An angel appeared to Him, coming from Heaven to give Him strength. (Lk 22:44,43) [-- Hail Mary...](#)
7. The hour is on us when the Son of Man is to be handed over to the power of evil men. (Mt. 26:45) [-- Hail Mary...](#)
8. While He was still speaking, Judas, one of the twelve, arrived accompanied by a great crowd with swords and clubs. (Mt 26:47) [-- Hail Mary...](#)
9. He immediately went over to Jesus, said to Him, Peace, Rabbi, and embraced Him. (Mt 26: 49) [-- Hail Mary...](#)
10. Jesus answered, Friend, do what you are here for. At that moment they stepped forward to lay hand on Jesus and arrest Him.(Mt 26: 50) [-- Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE SECOND SORROWFUL MYSTERY: THE SCOURGING AT THE PILLAR

Pilate, disturbed at the meek majesty of his prisoner, had Him scourged at the pillar, though he could not find any fault in Him. Perhaps he simply resented the fact that Jesus had no use for this world, Pilate's world, and spoke so overwhelmingly for the next world. Which way do we view this world? Can we offer and accept our suffering to God, as Jesus offered His life for us?

Prayer Intention: Let us offer this decade in thanksgiving for the sacrifices made by Our Lord for the love of us. Pray also, in reparation for all the sins of the world inflicted upon the Sacred Heart of Jesus, and the indifference to His Mother. *Our Father....*

1. As soon as it was daybreak, the chief priests, with the elders and scribes, reached a decision. They bound Jesus, led Him away, and handed Him over to Pilate. Pilate interrogated Him, Are You the King of the Jews? (Mk 15:1-2) -- *Hail Mary...*
2. Jesus answered, My Kingdom does not belong to this world. At this, Pilate said to Him, So then You are King? Jesus replied, It is you who say I am a King. The reason I was born, the reason why I came into the world is to testify to the truth. Anyone committed to the truth, hears My voice. (Jn. 18:36-37) -- *Hail Mary...*
3. This much only will I say, From now on, the Son of Man will have His seat at the right hand of the Power of God. (Lk 22:69) -- *Hail Mary...*
4. So You are the Son of God? They asked in chorus. He answered, "It is You who say that I am." (Lk. 22: 70) -- *Hail Mary...*
5. Pilate's next move was to take Jesus and have Him scourged. (Jn 19:1) -- *Hail Mary...*
6. Despised and rejected by men, a Man of sorrows. (Is 53:3) -- *Hail Mary...*
7. And yet, ours were the sufferings He bore. (Is 53:4) -- *Hail Mary...*
8. He was pierced through for our faults, crushed for our sins. (Is 53:5) -- *Hail Mary...*
9. They blindfolded Him, slapped Him and then taunted Him. (Lk 23: 64) -- *Hail Mary...*
10. And after He had Jesus scourged, Pilate handed Him over to be crucified. (Mk. 15: 15) -- *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE THIRD SORROWFUL MYSTERY: THE CROWNING OF THORNS

The coronation, offered to Jesus by the world, was a crown of thorns. How do we crown Him now? Do we deny Him, or simply show indifference? Do we truly seek Him out?

Prayer Intention: Let us offer this decade for all people who suffer under oppression and persecution and those who suffer humiliation and rejection. And we pray in reparation to God for the sins of the world, the thorns of the crown. *Our Father...*

1. The soldiers now led Jesus away into the hall known as the Praetorium; at the time they assembled the whole cohort. (Mk15:16) -- [Hail Mary...](#)
2. They dressed Him in royal purple, then wove a crown of thorns and put it on Him. (Mk 15:17) -- [Hail Mary...](#)
3. They began to salute Him, All hail! King of the Jews! (Mk. 15: 18) -- [Hail Mary...](#)
4. Continually striking Jesus on the head with a reed and spitting at Him, they genuflected before Him and pretended to pay Him homage. (Mk 15:19) -- [Hail Mary...](#)
5. Pilate said to the crowd: Observe what I do. I am going to bring Him out to you to make you realize that I find no case against Him. (Jn 19:4) -- [Hail Mary...](#)
6. When Jesus came out wearing the crown of thorns and the purple cloak, Pilate said to them, Look at the Man! (Jn 19:5) -- [Hail Mary...](#)
7. As soon as the chief priests and the temple guards saw Him they shouted, Crucify Him! Crucify Him! (Jn 19:6) -- [Hail Mary...](#)
8. "Why, what crime has He committed?" asked Pilate. They only shouted the louder, "Crucify Him!" (Mk 15:14) -- [Hail Mary...](#)
9. Pilate said to the Jews, Look at your King. (Jn 19:14) -- [Hail Mary...](#)
10. In the end, Pilate handed Jesus over to be crucified. (Jn. 19: 16) -- [Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE FOURTH SORROWFUL MYSTERY: THE CARRYING OF THE CROSS

The Son of God carries the instrument of His death to the hill of Calvary. Jesus' carrying of the cross was a fulfillment of His earlier words. Let all who would believe in Me, take up their cross and follow Me. A cross he didn't have to carry. Neither do we, unless we choose Jesus over Satan and sin.

Prayer Intention: Let us pray for the suffering, the lonely, and the homeless. Let us ask Jesus to give special meaning to the crosses they carry. [Our Father....](#)

1. When they had finished making a fool of Him, they stripped Jesus of the cloak, dressed Him in His own clothes, and led Him off to crucifixion. (Mt 27:31) -- [Hail Mary...](#)
2. On their way out they met a Cyrenian named Simon. This man they pressed into service to carry the cross. (Mt 23:27) -- [Hail Mary...](#)
3. A great crowd of people followed Him, including women who beat their breasts and lamented over Him. (Lk 23:27) -- [Hail Mary...](#)
4. Jesus turned to them and said: Daughters of Jerusalem, do not weep for me. Weep for yourselves and for your children. (Lk 23:28) -- [Hail Mary...](#)

5. Two others who were criminals were led along with Him to be crucified (Lk. 23: 32) -- *Hail Mary...*
6. Upon arriving at the site called Golgotha, (a name which means Skull Place), they gave Him a drink of wine flavored with gall, which He tasted but refused to drink. (Mt. 27: 33-34) -- *Hail Mary...*
7. When they had crucified Him, they divided His clothes among them by casting lots; then they sat down there and kept watch over Him. (Mt 27:35-36) -- *Hail Mary...*
8. Whoever wishes to be My follower must deny his very self. (Lk 9:23) -- *Hail Mary...*
9. He must take up his cross every day and follow in My steps. (Lk 9:23) -- *Hail Mary...*
10. Whoever would save his life will lose it, whoever loses his life for My sake, will save it. (Lk. 9: 24) -- *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE FIFTH SORROWFUL MYSTERY: THE CRUCIFIXION

Jesus died on the cross. With it came our redemption, our salvation. Before His final breath, He gave the world His Mother, and gave Her a role in the salvation of all mankind by making us all, Her children. Just as She was there, at the foot of the cross, She asks us to pray at the foot of the cross. In this meditation, is our salvation.

Prayer Intention: Let us pray for forgiveness and as Jesus forgave us on the cross, let us pray for the grace to forgive others. Let us give all our past pain to Jesus. It is why He is on the cross. *Our Father...*

1. Jesus said, Father, forgive them, they do not know what they are doing. (Lk. 23: 32) -- *Hail Mary...*
2. One of the criminals said: Jesus, remember me when You enter upon Your reign. And Jesus replied, I assure you; this day you will be with Me in paradise. (Lk 23:42-43) -- *Hail Mary...*
3. Seeing His Mother there with the disciple whom He loved, Jesus said to His Mother, "Woman, there is your Son." (Jn 19:26) -- *Hail Mary...*
4. In turn He said to the disciple, "There is your Mother." From that hour onward, the disciples took Her into his care. (Jn 19:27) -- *Hail Mary...*
5. Then toward mid-afternoon, Jesus cried out in a loud tone, My God, My God, why have You forsaken Me? (Mt 27:46) -- *Hail Mary...*
6. Jesus realizing that everything was now finished, said to fulfill the Scriptures, I am thirsty. There was a jar there, full of common wine. They stuck a sponge soaked in this wine on a stick, and raised it to His lips. (Jn 19:28) -- *Hail Mary...*
7. When Jesus took the wine, He said, "Now it is finished." (Jn 19:30) -- *Hail Mary...*

8. Jesus uttered a loud cry and said, "Father, into Your hands I commend My spirit." After He said this, he expired. (Lk 23:46) -- *Hail Mary...*

9. Darkness came over the whole land until mid-afternoon with an eclipse of the sun. The curtain in the sanctuary was torn in two. (Lk 23:44-45) -- *Hail Mary...*

10. They took Jesus' body, and in accordance with Jewish burial custom, bound it up in wrappings of cloth with perfumed oils. (Jn 19:40) -- *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

Prayer after the Rosary: *O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.*

May the Divine Assistance remain always with us. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Our Lady of Lourdes Prayer

Oh ever immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfortress of the Afflicted, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen.

Hail Mary: Gentle Woman

*Hail Mary, full of grace
The Lord is with you,
Blessed are you among women
And blessed is the fruit of your womb, Jesus*

*Holy Mary, Mother of God
Pray for us sinners now
And at the hour of our death
Amen*

*Gentle woman, quiet light
Morning Star, so strong and bright.
Blessed Mother, peaceful dove
Teach us wisdom, teach us love.*

*You were chosen by the Father,
You were chosen by the Son
You were chosen from all women
And for women peaceful one.*

*Gentle woman, quiet light
Morning Star, so strong and bright.
Blessed Mother, peaceful dove
Teach us wisdom, teach us love.*

*Blessed are you among women,
Blest in turn all women, too.
Blessed they with peaceful spirits.
Blessed they with gentle hearts.*

*Gentle woman, quiet light
Morning Star, so strong and bright.
Blessed Mother, peaceful dove
Teach us wisdom, teach us love.*



THE GLORIOUS MYSTERIES

THE FIRST GLORIOUS MYSTERY: THE RESURRECTION

Jesus rose from the dead. With it He conquered death, defeated Satan, sin, and the world, and gave new life to mankind. The joy of the risen Christ is greater than pain. The hope that comes from His resurrection is the victory over our won fear of dying.

Prayer Intention: Let us pray in thanksgiving and in praise, giving glory to the risen Lord. Let us offer to the Triumphant Prince of Peace, all those in despair, those who have lost hope, lost faith; that in the Resurrection of Jesus will be their own future. He is The Way and The Truth and The Life. *Our Father....*

1. After the Sabbath, as the first day of the week was dawning, Mary Magdalene came with the other Mary to inspect the tomb. (Mt 28:1) -- *Hail Mary...*
2. The angel came to the stone, rolled it back and sat on it. (Mt. 28:2) -- *Hail Mary...*
3. Then the angel spoke, addressing the women: Do not be frightened. I know you are looking for Jesus the crucified, but He is not here. He has been raised, exactly as He promised. (Mt 28:5-6) -- *Hail Mary...*
4. He has been raised from the dead and now goes ahead of you to Galilee. (Mt. 28:7) -- *Hail Mary...*

5. On the evening of the first day of the week, even though the disciples had locked the doors of the place where they were. Jesus came and stood before them. Peace be with you. He said.(Jn 20:19)

-- [Hail Mary...](#)

6. In their panic and fright they thought they were seeing a ghost. (Lk 24:37) -- [Hail Mary...](#)

7. He said to them. Why are you disturbed? Look at My hands and My feet; it is really I. (Lk. 24:38-39)

-- [Hail Mary...](#)

8. At the sight of the Lord, the disciples rejoiced.(Jn 20:20) -- [Hail Mary...](#)

9. Peace be with you. Jesus said again. As the Father has sent Me, so I send you. (Jn. 20:21) -- [Hail Mary...](#)

10. I am the resurrection and the life; whoever believes in Me, though he should die, will come to life. (Jn 11:25-26) -- [Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE SECOND GLORIOUS MYSTERY: THE ASCENSION

He goes to prepare a place for us, and has returned to The Father, in heaven. And He has promised: Where I am, you can be too. Through His ascension, He has shown us a preview of our life hereafter. The Good Shepherd guides us through the valley of darkness.

Prayer Intention: Let us pray for direction; direction in our lives and for all those who have lost the way; that they may turn back to God. Let us pray that we might give direction to the children in the world, that Jesus may become their first priority. [Our Father....](#)

1. Jesus led His disciples out near Bethany, and with hand upraised, blessed them. (Lk. 24:50) -- [Hail Mary...](#)

2. Jesus addressed them in these words: Full authority has been given to Me both in heaven and on earth. (Mt 28:18) -- [Hail Mary...](#)

3. Go therefore, and make disciples of all the nations. Baptize them in the name of the Father, and of the Son, and of the Holy Spirit. (Mt 28:19) -- [Hail Mary...](#)

4. And know that I am with you always, until the end of the world. (Mt 28:20) -- [Hail Mary...](#)

5. The man who believes in the good news and accepts baptism will be saved; the man who refuses to believe in it will be condemned. (Mk 16:16) -- [Hail Mary...](#)

6. As Jesus blessed them, He left them and was taken up to heaven. (Lk. 24:51) -- [Hail Mary...](#)

7. He was lifted up before their eyes in a cloud which took Him from their sight. (Acts. 1:9) -- [Hail Mary...](#)

8. This Jesus Who has been taken from you will return, just as you saw Him go up to the heavens. (Acts 1:11) -- [Hail Mary...](#)

9. They fell down to do Him reverence, then returned to Jerusalem filled with joy. (Lk 24:52) -- [Hail Mary...](#)

10. Jesus took His seat at God's right hand. (Mk 16:19) -- [Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE THIRD GLORIOUS MYSTERY: THE DESCENT OF THE HOLY SPIRIT

Before His Ascension, Jesus had said to His apostles not to leave Jerusalem, because the Paraclete will come. The Spirit of God descended upon the apostles. They were empowered with the special gifts of God, to carry on the Lord's work of redemption. With them, were Mary, and the other women, praying with the infant Church. She has never ceased to pray for us and the Church.

Prayer Intention: Let us offer these prayers for our own Pentecost, an increase in the Holy Spirit's gifts to us. We pray for a deeper faith, and trust in God; for a complete submission to the will of God. Let us pray especially for gifts to the young, that they may be able to stand up to the deception Satan brings to their daily activities. [Our Father....](#)

1. Jesus said, I will ask the Father and He will give you another Paraclete, to be with you always. (Jn 14:16) -- [Hail Mary...](#)

2. The Paraclete, the Holy Spirit, whom the Father will send in My name, will instruct you in everything, and remind you of all that I told you. (Jn 14:26) -- [Hail Mary...](#)

3. Within a few days you will be baptized with the Holy Spirit. (Acts 1:5) -- [Hail Mary...](#)

4. You will receive power when the Holy Spirit comes down on you; then you are to be My witnesses in Jerusalem, throughout Judea....and even to the ends of the earth. (Acts 1:8) -- [Hail Mary...](#)

5. When the day of Pentecost came they found them gathered in one place. Suddenly from up in the sky there came a noise like a strong driving wind, which was heard all through the house. (Acts 2:1-2) -- [Hail Mary...](#)

6. Tongues of fire appeared, which parted and came to rest on each of them. All were filled with the Holy Spirit. (Acts 2:3) -- [Hail Mary...](#)

7. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them. (Acts 2:4) -- [Hail Mary...](#)

8. Staying in Jerusalem at the time were devout men of every nation. These heard the sound, and assembled in a large crowd. They were confused because each heard the disciples speaking in his own language. (Acts 2:5-6) -- [Hail Mary...](#)

9. Peter stood up with the Eleven and addressed them, "You must reform and be baptized, each one of you, in the name of Jesus Christ, that your sins may be forgiven; then you will receive the Holy Spirit." (Acts 2:38) -- [Hail Mary...](#)

10. Those who accepted His message were baptized; some three thousand were added that day. (Acts 2:41) -- [Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria...

THE FOURTH GLORIOUS MYSTERY: THE ASSUMPTION

Mary is assumed body and soul into heaven and reunited with Her Son, Jesus. Through Her assumption, Mary became the reflection of Her risen Son. She is also the model of the perfection to which we are called.

Prayer Intention: Here let us ask Mary to especially pray with us for the souls in purgatory; that She might join with us in intercession for those who can no longer help themselves. Let us pray especially for the souls forgotten, who have no one to remember them. [Our Father....](#)

1. The Lord God said to the serpent: I will put enmity between you and the woman and between your offspring and hers. (Gen 3:15) -- [Hail Mary...](#)

2. He will strike at your head, while you strike at His heel. (Gen 3:15) -- [Hail Mary...](#)

3. A great sign appeared in the sky, a woman clothed with the sun, with the moon under Her feet, and on Her head a crown of twelve stars. (Rev 12:1) -- [Hail Mary...](#)

4. Father, all those You gave Me, I would have in My company where I am. (Jn. 17:24) -- [Hail Mary...](#)

5. Wherefore She is our Mother in the order of grace. (*Lumen Gentium*, 61) -- [Hail Mary...](#)

6. Taken up to heaven, She did not lay aside this salvific duty, but by Her intercession continues to bring us the gifts of eternal salvation. (*Lumen Gentium*, 62) -- [Hail Mary...](#)

7. For He has looked upon His servant in Her lowliness. (Lk 1:48) -- [Hail Mary...](#)

8. All ages to come shall call Me blessed. (Lk 1:48) -- [Hail Mary...](#)

9. Those who love Me I also love, and those who seek Me find me... He who finds me finds life, and wins favor from the Lord. (Prov 8:17-35) -- [Hail Mary...](#)

10. Come then my love. My lovely one come. (Song 2:10) -- [Hail Mary...](#)

Glory be to the Father...

O My Jesus, forgive us our sins...

Ave Maria ...

THE FIFTH GLORIOUS MYSTERY: THE CORONATION OF MARY

Mary is crowned Queen of the angels and saints in heaven. Queen of the Holy Rosary, Queen of Peace, Queen of Apostles, Queen of Prophets. How many titles have been given to the Mother of the Incarnation of the Word! Her soul magnifies the Lord, all nations shall call her blessed. Her glorious coronation in heaven is our hope.

Prayer Intention: Let us offer this mystery for Mary's intentions. Her intercession, Her constant appearances, Her role as Mediatrix of graces. Let us pray that Her efforts in our behalf, Her efforts to lead all Her children back to Her Son, will not be impeded. *Our Father....*

1. God Who is mighty; has done great things for me. (Lk 1:49) -- *Hail Mary...*
2. My heart overflows with a godly theme; as I sing my ode to the king. (Ps. 45:2) -- *Hail Mary...*
3. Fairer in beauty are You than the sons of men; grace is poured out upon Your lips; thus God has blessed You forever. (Ps. 45:3) -- *Hail Mary...*
4. Because of this gift of sublime grace, She far surpasses all creatures, both in heaven and on earth. (*Lumen Gentium*, 53) -- *Hail Mary...*
5. I am the rose of Sharon, I am the lily of the valleys. (Song 2:1) -- *Hail Mary...*
6. So now, O children, listen to me; instruction and wisdom do not reject. (Prov. 8:32-33) -- *Hail Mary...*
7. The Lord chose Her. He chose Her before She was born. (*Lumen Gentium*, 56.) -- *Hail Mary...*
8. Entirely holy, and free from all stain of sin. (*Lumen Gentium*, 56) -- *Hail Mary...*
9. Freely co-operating in the work of human salvation through faith and obedience. (*Lumen Gentium*, 56) -- *Hail Mary...*
10. Blessed are You, daughter, by the Most High God, above all the women on earth. (Jth 13:18) -- *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins..

Hail Holy Queen Mother of Mercy, Our Life, Our Sweetness and our Hope. To thee do we cry, Poor banished children of Eve. To Thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious Advocate, Thine Eyes of Mercy toward us, and after this our exile, show unto us the Blessed Fruit of the Womb, Jesus. O Clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God; that we may be made worthy of the promises of Christ.

Let us Pray: O God whose only begotten Son by His Life has purchased for us the rewards of eternal life, Grant that we beseech Thee while meditating upon the mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord Amen.

Prayer after the Rosary: *O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.*

May the Divine Assistance remain always with us. And may the souls of the faithful departed, through the mercy of God, rest in peace. *Amen.*

LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy on us.	<i>Christ, have mercy on us.</i>
Christ hear us	<i>Christ, graciously hear us.</i>
God the Father of Heaven	<i>Have mercy on us.</i>
God the Son, Redeemer of the world	<i>Have mercy on us.</i>
God the Holy Ghost,	<i>Have mercy on us</i>
Holy Trinity, one God,	<i>Have mercy on us.</i>
Holy Mary,	<i>Pray for us.</i>
Holy Mother of God,	<i>Pray for us.</i>
Holy Virgin of virgins,	<i>Pray for us.</i>
Mother of Christ,	<i>Pray for us.</i>
Mother of divine grace,	<i>Pray for us.</i>
Mother most pure,	<i>Pray for us.</i>
Mother most chaste,	<i>Pray for us.</i>
Mother inviolate,	<i>Pray for us.</i>
Mother undefiled,	<i>Pray for us.</i>
Mother most amiable,	<i>Pray for us.</i>
Mother most admirable,	<i>Pray for us.</i>
Mother of good counsel,	<i>Pray for us.</i>
Mother of our Creator,	<i>Pray for us.</i>
Mother of our Savior,	<i>Pray for us.</i>
Virgin most prudent,	<i>Pray for us.</i>
Virgin most venerable,	<i>Pray for us.</i>
Virgin most renowned,	<i>Pray for us.</i>
Virgin most powerful,	<i>Pray for us.</i>
Virgin most merciful,	<i>Pray for us.</i>
Virgin most faithful,	<i>Pray for us.</i>
Mirror of justice,	<i>Pray for us.</i>
Seat of wisdom,	<i>Pray for us.</i>
Cause of our joy,	<i>Pray for us.</i>
Spiritual vessel,	<i>Pray for us.</i>
Vessel of honor,	<i>Pray for us.</i>
Singular vessel of devotion,	<i>Pray for us.</i>
Mystical rose,	<i>Pray for us.</i>
Tower of David,	<i>Pray for us.</i>
Tower of ivory,	<i>Pray for us.</i>
House of gold,	<i>Pray for us.</i>
Ark of the Covenant,	<i>Pray for us.</i>
Gate of Heaven,	<i>Pray for us.</i>

Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,
Queen conceived without Original Sin,
Queen assumed into Heaven,
Queen of the most holy Rosary,
Queen of peace,

Pray for us.
Pray for us.

Lamb of God, who takes away the sins of the world,
Lamb of God, who takes away the sins of the world,
Lamb of God, who takes away the sins of the world,

Spare us, O Lord.
Graciously hear us, O Lord.
Have mercy on us.

Our Lady of Lourdes Prayer

Oh ever immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfortress of the Afflicted, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen.

Prayer to St Joseph

*To you, O blessed Joseph,
do we come in our tribulation,
and having implored the help of your most holy Spouse,
we confidently invoke your patronage also.*

*Through that charity which bound you
to the Immaculate Virgin Mother of God
and through the paternal love
with which you embraced the Child Jesus,
we humbly beg you graciously to regard the inheritance
which Jesus Christ has purchased by his Blood,
and with your power and strength to aid us in our necessities.*

*O most watchful guardian of the Holy Family,
defend the chosen children of Jesus Christ;
O most loving father, ward off from us*

*every contagion of error and corrupting influence;
O our most mighty protector, be kind to us
and from heaven assist us in our struggle
with the power of darkness.*

*As once you rescued the Child Jesus from deadly peril,
so now protect God's Holy Church
from the snares of the enemy and from all adversity;
shield, too, each one of us by your constant protection,
so that, supported by your example and your aid,
we may be able to live piously, to die in holiness,
and to obtain eternal happiness in heaven.*

Amen.

SPECIAL NOTE:

Prayer to St. Joseph after the Rosary

Introduction

*This prayer to Saint Joseph—spouse of the Virgin Mary, foster father of Jesus, and patron saint of the universal Church—was composed by Pope Leo XIII in his 1889 encyclical, *Quamquam pluries*. He asked that it be added to the end of the Rosary, especially during the month of October, which is dedicated to the Rosary. It may be said after the customary *Salve Regina* and concluding prayer, and may also be used to conclude other Marian devotions.*

MARY IMMACULATE STAR OF THE MORNING

*Mary Immaculate Star of the Morning
Chosen before the creation began,
Destined to bring through the light of your dawning
Conquest of Satan and rescue to man.*

*Bend from your throne at the voice of our crying
Look to this earth where your footsteps have trod
Stretch out your arms to us living and dying
Mary Immaculate, Mother of God.*

*We sinners honor your sinless perfection;
Fallen and weak for God's mercy we plead
Grant us the shield of your mighty protection
Mary Immaculate, Mother of God.*

*Bend from your throne at the voice of our crying
Look to this earth where your footsteps have trod
Stretch out your arms to us living and dying
Mary Immaculate, Mother of God.*



THE CHAPLET OF THE DIVINE MERCY

OPENING PRAYER: 3 O 'Clock prayer

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

Our Father....

Hail Mary....

Apostle's Creed....

Then, on the large bead before each decade:

Eternal Father,

I offer you the Body and Blood,

Soul and Divinity of Your Dearly Beloved Son,

Our Lord, Jesus Christ,

in atonement for our sins

and those of the whole world.

On the ten small beads of each decade, say:

For the sake of His sorrowful Passion,

have mercy on us and on the whole world.

Conclude with (Say 3 Times):

Holy God,

Holy Mighty One,

Holy Immortal One,

have mercy on us

and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion -- inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy.

STATIONS OF THE CROSS

Opening Hymn

*Were you there when they crucified my Lord
Were you there when they crucified my Lord
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when they crucified my Lord?*

Preparatory Prayer

O Most merciful Lord, * with a contrite heart and penitent spirit * I bow down before Thy divine Majesty. * I adore Thee as my supreme Lord and Master. * I believe in Thee, * I hope in Thee, * I love Thee above all things. * I am heartily sorry for having offended Thee, * my only and supreme God. * I firmly resolve to amend my life; * and although I am unworthy to obtain mercy, * yet looking upon Thy holy Cross * I am filled with peace and consolation. * I will, therefore, meditate on Thy sufferings, * and visit the Stations * in company with Thy sorrowful Mother * and my holy Guardian Angel, * to promote Thy honor and to save my soul. * I desire to gain all indulgences granted to this holy exercise * for myself and for the souls in Purgatory. * O Loving Jesus, * inflame my cold heart with Thy love, * that I may perform this devotion as perfectly as possible, * and that I may live and die in union with Thee. Amen.

First Station - Jesus Is Condemned to Death

V. We adore Thee, O Christ, and we praise Thee.
R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Jesus, the most innocent of beings, is condemned to death, yes, to the shameful death of the cross. In order to remain a friend of Caesar, Pilate delivers Jesus into the hands of His enemies. O fearful crime, to condemn Innocence to death and to displease God in order to please men.

O innocent Jesus, * I have sinned and I am guilty of eternal death; * but that I may Live, * Thou dost gladly accept the unjust sentence of death. * For whom then shall I henceforth live * if not for Thee, my Lord? * If I desire to please men, * I cannot be Thy servant. * Let me, therefore, rather displease the whole world * than not please Thee, O Jesus!

Our Father... Hail Mary... Glory be....

V. Lord Jesus, crucified.
R. *Have mercy on us. Through her heart, His sorrow sharing, All His bitter anguish bearing, Now at length the sword had passed.*

*Were you there when He stood before the Judge?
Were you there when He stood before the Judge?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when He stood before the Judge?*

Second Station - Jesus Carries His Cross

V. We adore Thee, O Christ, and we praise Thee.
R. *Because by Thy holy Cross, Thou hast redeemed the world.*

When our divine Redeemer beheld the Cross, He most willingly reached out to it with His bleeding arms. He embraced it lovingly, kissed it tenderly, took it on His bruised shoulders, and, exhausted as He was, He carried it joyfully.

O my Jesus, * I cannot be Thy friend and follower * if I refuse to carry my cross. * O beloved cross, * I embrace Thee, * I kiss Thee, * I joyfully accept Thee from the hand of my God. * Far be it from me to glory in anything * save in the Cross of my Lord and Redeemer. * By it the world shall be crucified to me, * and I to the world, * that I may be Thine forever.

Our Father... Hail Mary... Glory be...

V. Lord Jesus, crucified.
R. *Have mercy on us. O, how sad and sore distressed Was that Mother, highly blest, Of the sole begotten One!*

*Were you there when He knelt to take His cross?
Were you there when He knelt to take His cross?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when He knelt to take His cross?*

Third Station - Jesus Falls the First Time

V. We adore Thee, O Christ, and we praise Thee.
R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Carrying the Cross, our dear Savior was so weakened with its heavy weight that He fell exhausted to the ground. The Cross was light and sweet to Him, but our sins made it so heavy and hard to carry.

Beloved Jesus, * Thou didst carry the burden and the heavy weight of my sins. * Should I then not bear in union with Thee * my light burden of suffering, * and accept the sweet yoke of Thy commandments? * Thy yoke is sweet and Thy burden is light. * I willingly accept it. * I will take up my cross and follow Thee.

Our Father... Hail Mary... Glory be...

V. Lord Jesus, crucified.
R. *Have mercy on us. Christ above in torment hangs: She beneath beholds the pangs of her dying glorious Son.*

*Were you there when He fell beneath His cross?
Were you there when He fell beneath His cross?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when He fell beneath His cross?*

Fourth Station - Jesus Meets His Blessed Mother

V. We adore Thee, O Christ, and we praise Thee.
R. *Because by Thy holy Cross, Thou hast redeemed the world.*

How sad and how painful must it have been for Mary to behold her beloved Son laden with the Cross, covered with wounds and blood, and driven through the streets by savage executioners! What unspeakable pangs her most tender heart must have experienced! How earnestly did she desire to die instead of Jesus, or at least with Him!

O Jesus, * O Mary, * I am the cause of the pains that pierced your hearts. * Would that my heart might experience some of your sufferings. * O Mother, * let me share in thy sufferings and those of thy Son, * that I may obtain the grace of a happy death.

Our Father... Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Is there one who would not weep, Whelmed in miseries so deep, Christ's dear Mother to behold?*

*Were you there when sweet Mary faced her Son?
Were you there when sweet Mary faced her Son?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when sweet Mary faced her Son?*

Fifth Station - Simon of Cyrene Helps Jesus Carry His Cross

V. We adore Thee, O Christ, and we praise Thee.
R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Simon of Cyrene was forced to help our exhausted Savior carry His Cross. How pleased would Jesus have been, had Simon offered his services of his own accord? However, Simon was not invited by Christ as you are. He says: "Take up your cross and follow Me." Nevertheless you recoil, and carry it grudgingly.

O Jesus, * whosoever does not take up his cross and follow Thee, * is not worthy of Thee. * Behold, I cheerfully join Thee on the way of the cross. * I desire to carry it with all patience until death, * that I may prove worthy of Thee.

Our Father... Hail Mary... Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Can the human heart refrain from partaking in her pain, in that Mother's pain untold?*

Were you there when they forced a stranger's help?

Were you there when they forced a stranger's help?

Oh, sometimes it causes me to tremble, tremble, tremble

Were you there when they forced a stranger's help?

Sixth Station - Veronica Wipes the Face of Jesus

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Moved by compassion, Veronica presents her veil to Jesus, to wipe His disfigured face. He imprints on it His holy countenance, and returns it to her as a recompense. Shall Christ reward you in like manner? Then you too must do Him a service. But you do a service to Christ every time you perform a work of mercy towards your neighbor: for He says: "What you have done to the least of My brethren, you have done to Me."

Dearest Jesus, * what return shall I make Thee for all Thy benefits? * Behold, I consecrate myself entirely to Thy service. * My whole heart I give to Thee; * stamp on it Thy holy image, * that I may never forget Thee.

Our Father...Hail Mary... Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Bruised, derided, cursed, defiled, She beheld her tender Child, All with bloody scourges rent.*

Were you there when the woman wiped His face?

Were you there when the woman wiped His face?

Oh, sometimes it causes me to tremble, tremble, tremble

Were you there when the woman wiped His face?

Seventh Station - Jesus Falls the Second Time

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Overwhelmed by the weight of the Cross, Jesus falls again to the ground. But the cruel executioners do not permit Him to rest a moment. With thrusts and blows they urge Him onward. With what cruelty Jesus is treated and trampled under foot! Remember, compassionate soul, that your sins caused Jesus this painful fall.

Have mercy on me, O Jesus, * and help me never to fall into my former sins. * From this moment I will strive sincerely * never to sin again. * But Thou, O Jesus, strengthen me with Thy grace, * that I may faithfully carry out my resolution.

Our Father... Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. For the sins of His own nation, Saw Him hang in desolation Till His spirit forth He sent.*

*Were you there when He fell the second time?
Were you there when He fell the second time?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when He fell the second time?*

Eighth Station - Jesus Speaks to the Women of Jerusalem

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Moved by compassion, these devoted women weep over our suffering Savior. But He turns to them and says: "Weep not for Me, but weep for yourselves and your children. Weep for your sins and those of your children; for they are the cause of My suffering." You also must weep over your sins, for there is nothing more pleasing to our Lord and more useful to yourself than the tears you shed out of contrition for your sins.

O Jesus, * who shall give my eyes a torrent of tears, * that I may day and night weep over my sins? * I beseech Thee by Thy bitter and bloody tears * to move my heart, * so that tears may flow in abundance from my eyes, * and that I may weep over Thy sufferings * and over my sins until death.

Our Father...Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. O thou Mother: font of love! Touch my spirit from above, Make my heart with thine accord.*

*Were you there when the woman wept for Him?
Were you there when the woman wept for Him?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when the woman wept for Him?*

Ninth Station - Jesus Falls the Third Time

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Exhausted at the foot of Calvary, Jesus falls for the third time to the ground. How painfully must have been reopened all the wounds of His tender body by these repeated falls. And how enormous must my sins be, to cause Jesus to fall so painfully. Had not Jesus taken my sins upon Himself, they would have plunged me into the abyss of Hell.

Most merciful Jesus, * I return Thee a thousand thanks * for not permitting me to die in my sins * and fall into the abyss of Hell, * as I have deserved so often. * Enkindle in me a sincere desire to amend my life. * Let me never again fall into sin, * but grant me the grace of final perseverance.

Our Father...Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Make me feel as thou has felt; Make my soul to glow and melt, with the love of Christ my Lord.*

*Were you there when a third time He fell down?
Were you there when a third time He fell down?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when a third time He fell down?*

Tenth Station - Jesus Is Stripped of His Garments

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Arriving on Calvary, Jesus was cruelly deprived of His garments. How painful the stripping must have been, because the garments adhered to His mangled body, so that in removing them parts of the flesh were torn away. Jesus is deprived of His garments that He may die possessed of nothing. How happy shall not I die after laying aside my evil habits and tendencies!

Help me, O Jesus, to amend my life. * Let it be renewed according to Thy will and desire. * However painful the correction may be to me, * I will not spare myself. * With the assistance of Thy grace, * I will refrain from all sinful pleasure and vain amusement, * that I may die happy and live forever.

Our Father...Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Holy Mother, pierce me through; in my heart each wound renew Of my Savior crucified.*

*Were you there when they stripped Him of His clothes?
Were you there when they stripped Him of His clothes?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when they stripped Him of His clothes?*

Eleventh Station - Jesus Is Nailed to the Cross

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Stripped of His garments, Jesus is violently thrown down on the Cross. His hands and His feet are nailed to it in the most cruel way. Jesus remains silent, because it so pleases His heavenly Father. He suffers patiently, because He suffers for you. How do you act in sufferings and trials? How fretful and impatient, how full of complaints are you!

O Jesus, * meek and patient Lamb, * I renounce forever my impatience. * Crucify, O Lord, my flesh, * with its evil desires and vices. * Punish and afflict me in this life, * but spare me in the next. * I resign myself altogether to Thy holy will. * May it be done in all things.

Our Father...Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Let me share with Thee His pain, who for all my sins was slain, who for me in torment died.*

*Were you there when they nailed Him to the Cross?
Were you there when they nailed Him to the Cross?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when they nailed Him to the Cross?*

Twelfth Station - Jesus Dies on the Cross

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Behold Jesus crucified! Behold His wounds received for love of you! His whole appearance betokens love. His head is bent to kiss you. His arms are extended to embrace you. His heart is open to receive you. Oh what love! Jesus dies on the Cross, to preserve you from eternal death.

Most lovable Jesus, * who will grant that I may die for love of Thee? * I will endeavor to die to the world and its vanities * when I behold Thee on the Cross * covered with wounds and crowned with thorns. * Merciful Jesus, * take me into Thy wounded heart, * that I may despise all perishable things, * to live and die for Thee alone.

Our Father...Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Let me mingle tears with thee, Mourning Him who mourned for me, all the days that I may live.*

*Were you there when He bowed His head and died?
Were you there when He bowed His head and died?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when He bowed His head and died?*

Thirteenth Station - Jesus Is Taken Down From the Cross

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

Jesus did not descend from the Cross, but remained on it till His death. When taken down, He rested on the bosom of His beloved Mother as He had so often done in life. Persevere in your good resolutions, and do not flee from the cross. For he who perseveres till the end shall be saved. Consider, moreover, how pure the heart should be that receives the body and blood of Jesus Christ in the adorable Sacrament of the Altar.

O Lord Jesus crucified! * I most earnestly entreat Thee: * Help me do what is right * and let me not be separated from Thy Cross, * for on it I desire to live and to die. * Create in me, O Lord, a clean heart, * that I may worthily receive Thee in Holy Communion, and that Thou mayest remain in me, * and I in Thee, * for all eternity.

Our Father...Hail Mary...Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. By the cross with thee to stay; There with thee to weep and pray Is all I ask of thee to give.*

*Were you there when they took Him from the cross?
Were you there when they took Him from the cross?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when they took Him from the cross?*

Fourteenth Station - Jesus Is Laid in the Tomb

V. We adore Thee, O Christ, and we praise Thee.

R. *Because by Thy holy Cross, Thou hast redeemed the world.*

The body of Jesus is laid in a stranger's tomb. He who in this world has not whereon to rest his head, would have no grave of his own after death. You whose heart is still attached to this world, despise it that you may not perish with it.

Oh Jesus, thou has singled me out from the world, what then shall I seek in it? Thou hast created me for heaven, what then shall I decide upon earth? Depart from me, deceitful world, with thy vanities!! Henceforth I will walk The way of the cross traced out for me by my redeemer, And journey onward To my heavenly home where my rest and my joy shall be forever.

Our father...Hail Mary... Glory be...

V. Lord Jesus, crucified.

R. *Have mercy on us. Virgin of all Virgins best, Listen to my fond request; Let me share thy grief divine*

*Were you there when they laid Him in the tomb?
Were you there when they laid Him in the tomb?
Oh, sometimes it causes me to tremble, tremble, tremble
Were you there when they laid Him in the tomb?*

Conclusion

Compassionate Jesus! behold with eyes of mercy this devotion I have endeavored to perform, in honor of Thy bitter passion and death, in order to obtain remission of my sins, and the pains incurred by them. Accept of it for the salvation of the living and the eternal repose of the faithful departed, particularly for those whom I directed it. Do not, my Jesus, suffer the ineffable price of Thy blood to be fruitless, nor my miserable soul ransomed by it, to perish. The voice of Thy blood is louder for mercy than my crimes for vengeance. Have mercy then, O Lord! have mercy, and spare me for Thy mercy's sake! Amen, Jesus.

Closing Hymn

WE REMEMBER

*We remember how You loved us to Your death
And still we celebrate for You are with us here.
And we believe that we will see You when You come
In Your glory, Lord, we remember
We celebrate, we believe.*

*Here, a million wounded souls
Are yearning just to touch You and be healed
Gather all Your people
And hold them to Your heart.*

*We remember how You loved us to Your death
And still we celebrate for You are with us here.
And we believe that we will see You when You come
In Your glory, Lord, we remember
We celebrate, we believe.*

*See the face of Christ revealed
In every person standing by Your side
Gift to one another
And temple of Your love.*

*We remember how You loved us to Your death
And still we celebrate for You are with us here.
And we believe that we will see You when You come
In Your glory, Lord, we remember
We celebrate, we believe.*



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TO GOD BE THE GLORY

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 **Missionary Families of Christ**



NEW JERSEY
2026

This is a property of the Roman Catholic Church. You may use this during your prayer time for your spiritual growth. May the LORD bless and keep you! May the LORD let his face shine upon you, and be gracious to you! May the LORD look upon you kindly and give you peace!